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| --- | --- | --- | --- | --- | --- |
| Activity Name | Description | | **Diagram** | **Coaching Points** | |
| 1 | | | | | |
|  |  | |  | |  |
| 2 | | | | | |
|  | |  |  | |  |
| 3 | | | | | |
|  | |  |  | |  |
| 4 | | | | | |
|  | |  |  | |  |